

## BULLETIN



Meeting date: **Oct 3, 2023**

Virtual or In-Person: In-Person

Visitors / Guests: Nele Habich, Exchange student; Potential members: Cassie Stockamp, Dima Borysenko, Jenny Toews; Eileen Eby (1000x5); Anne McIntyre (Soap for Hope)

**Presidents Welcome:** Chris welcomed all members and the many guests that were in attendance. He also queried us on what is Rotary's theme for October....anyone...anyone....Sonnet quickly saved the day with the answer "Economic and Community development.

### **Announcements:**

1. The Beer & Burger event was a great success that raised \$1000
2. Ann McIntyre, founder of Soap for Hope was recognized for the incredible support that this initiative has had on the less privileged throughout multiple provinces
3. Our newest youth exchange student (Nele Habich) was introduced and welcomed to the club as an official Exchange student and received recognition pieces similar to a new member.
4. As a result of Sonnet & Heather's different fundraising events we were excited to present a cheque for \$1984 to the children's literacy project 1000x5.

**Program Overview:** Ian Chisholm of the Roy Group gave a very engaging presentation on the value and importance of Mentorship. Diving into the 4 key components of the essence of Mentoring and how each and every encounter with a mentee can lean into the different needs of the mentee. By "showing up" and listening to determine if this is a time to coach, Instruct or Advise. Some great follow up questions were presented.

Two key questions to ask in these situations are

- 1) What are you noticing?
- 2) What is the toughest question I can ask you right now? Then ask it.

Guest and former member Anne McIntyre was presented with a Paul Harris Fellow, courtesy of Perry Bamji, recognizing her achievements in running Soap for Hope and for all the good it does here and in many places across Canada.

**Next Meeting: Oct 17, 2023 in the Oak Bay Rec Centre lounge – Guest speaker will be Lieutenant-Colonel Kevin Toone (son of Joan and Terry Toone) speaking on the federal search and rescue structure etc.**

**Scribe: Ed Vanstone**